

2006

General Information

USTA Boys' 18 & 16 National Clay Court Championships Sunday, July 16 – Sunday, July 23, 2006

IMPORTANT TOURNAMENT INFORMATION

(Please Keep For Reference)

- Event:** For each age division (18 and 16):
Singles (maximum draw of 192) with Feed-In Championship
Doubles (maximum draw of 96)
- Tournament Dates:** Registration - Saturday, July 15, 2006
The DoubleTree Hotel (Headquarters Hotel)
18's: 1:15 p.m. – 3:00 p.m.
16's: 3:15 p.m. – 5:00 p.m.
- Tournament Director:** Jeff Szekely
Tournament ID number - 302700206
www.usta.com – 302700206
- Eligibility:** 18's: Born on or after August 1, 1987.
16's: Born on or after August 1, 1989.
All eligible participants are required to complete a USTA Medical Release form and are responsible for turning it in at the time of registration. Failure to do so will result in an ineligible status.
- Entry Fee:** \$95.00 (includes singles and/or doubles)
- Singles Entry Open:** Thursday, May 11, 2006
- Entry Deadline:** SINGLES: Thursday, June 22, 2006 at 12:00 noon EST
DOUBLES: Saturday, July 15th at 6:30 pm EST

TOURNAMENT REGISTRATION:

All registration and payment of entry fees is being done on the Internet by each entrant or in the case of entrants without access to the Internet, by the Sections. Online registration begins on May 11 and ends June 22. No late registrants will be selected for the tournament.

The USTA National Boys' 18 & 16 Clay Court Championships will use the USTA TennisLink Registration System for ALL entries. You will need access to the Internet, your current USTA number and a major credit card to apply.

Online Registration: To register, go to www.usta.com and enter the tournament ID number **302700206**. If you have any questions regarding the procedures for registering, please refer to the materials provided to you by the USTA and information on the Internet. For registration problems only, contact USTA TennisLink team at linkteam@usta.com.

Players Without Access to the Internet: Your Section will provide you with an Official Entry Blank and a USTA Release / Medical Release to complete the online registration process on your behalf. Refer to the instructions provided by your Section.

The online registration process does not provide the National Championships with a signed copy of the USTA Release required of all participants. Therefore, we are asking that you complete the USTA Release that was either printed as part of the online registration process or provided by your Section. Please complete this form and return it, as soon as possible, so that it's received no later than July 1st. They may either be sent to the following address or faxed to the following number:

Jeff Szekely, Tournament Director
USTA Boys' National Clay Court Championships
Woodmont Office Center
1401 Rockville Pike, Suite 560
Rockville, MD 20852
Fax No: (301) 309-2271

SINGLES ACCEPTANCE:

The selection of singles players in the Nationals is being done by computer immediately after the entries close on June 22 - the tournament has no discretion as to which players are accepted. On or after June 26 you may go to the tournament's website at www.usta.com to view the list of players that have been accepted into the Singles Draw.

As you probably know by now, the Tournament Committee receives far more entries that it can accept. Because of this fact, you should NOT ASSUME that you are in the Tournament unless you are in (1) the top 24, (2) a National Open qualifier, (3) fall within your Sectional Quota, or (4) a wildcard. If you have a question about whether or not you are within your Section's quota, you should contact your Sectional Endorser.

This Championship has no control over the Sectional Endorser's numerical ordering of the players on his/her list. Any dispute in this regard must be resolved within your section.

TOURNAMENT WITHDRAWALS:

It is your responsibility, to immediately take action, to withdraw from the tournament should circumstances arise which would not enable you to compete. We also ask that you cancel any hotel reservations you made.

Withdraws Prior to June 22 Entry Deadline: Go to www.usta.com and follow the instructions to withdraw from the tournament. Because your credit card will not be charged prior to the entry deadline, no refund needs to be made.

Withdrawals After Entry Deadline and Before Draw is made on Sunday, July 9th: Contact Jeff Szekely at (301) 309-2022. You will be refunded all but \$10.00 of your entry fee unless a medical excuse or verification of emergency is provided.

Withdraws after the Draw is made on Sunday, July 9th: No refund will be given.

NATIONAL TOURNAMENT ALTERNATE LIST:

The National Tournament Alternate List is the numerical list of approximately 15 players that will be alternates into the draw once the draw has taken place. The order in which players are listed is determined using the USTA's most recently published Standings List and the Sectional Endorser Lists and other available data.

This year, the draw will be done on Sunday, July 9, 2006 and the National Tournament Alternate List will go into effect at that time. Beginning on Friday, July 14th, the National Tournament Alternate List will be posted at the DoubleTree Hotel and at ustaclay.com. As withdrawals occur, the National Tournament Alternate List will be revised on the Internet and at the DoubleTree Hotel.

It is each player's responsibility after checking the website to see if they have been accepted into the draw, to contact the Tournament Director. Players on the National Tournament Alternate List will be accepted into the draw as withdrawals or defaults occur until all entrants have played their first singles match at the completion of the first round of play on Sunday, July 16th and Monday, July 17th.

ONSITE ALTERNATES:

All players appearing on the National Tournament Alternate List are automatically placed on the list of Onsite Alternates, whether or not they are actually on site. If you are on the National Tournament Alternate List and you are coming to Washington, D.C. in hopes of getting into the tournament, we strongly suggest that you participate in the tournament registration process so we know you are on site.

DOUBLES APPLICATION AND ACCEPTANCE:

Players who are in the Singles Draw as well as any player who has been endorsed by their Sectional Endorser to play singles may also apply to enter doubles. Additionally, the first and second place finishers in the doubles championships at the National Opens in May 2006 automatically receive a berth, whether or not they play with the partner with whom they won the May National Open. ON SITE SECTIONALLY-ENDORSED ALTERNATES NOT ACCEPTED into the SINGLES DRAW will also be allowed to enter the doubles draw if it is not full.

Although the online registration process allows you to register for Doubles, The Nationals will not finalize any applications for the Doubles Championships until On Site Registration Day, Saturday, July 15th. These finalized applications for the Doubles Championships will be taken only on July 15th from 1:15 p.m. - 6:30 p.m. *Both partners must submit the application for entry **together at the Registration Desk.***

At 6:00 p.m. on Saturday, July 15th, Registration Day, a "Players Without Partners" Meeting will be held to match any players who do not have partners. The tournament is not responsible for matching a player with a partner.

Doubles entries close at 6:30 pm on Saturday, July 15th.

Doubles Play will begin on Sunday, July 16th. No Doubles play will be held on Tuesday, July 18th.

FEED-IN CHAMPIONSHIP:

Players losing in any singles round through the quarterfinals will be entered in the Feed-In Championship (FIC). Play in the FIC is mandatory, as is play in the playoff for 3rd and 4th place. The winner and runner-up in the FIC are the winners of 5th and 6th place in the tournament. **F.I.C. TO BEGIN ON TUESDAY, JULY 18, 2006.**

SEMI-FINAL AND FINAL ROUND PLAY AND AWARDS:

The Semi-final, singles and doubles finals, the 3rd / 4th playoff and the FIC quarter-finals thru finals, will be played on Saturday and Sunday, July 22nd and 23rd, 2005 at the Woodmont Country Club. The USTA will award gold, silver, and bronze tennis balls to the first, second, and third place finishers in singles, and gold and silver balls to the finalists in the doubles. The National Boys' 16's and 18's will present trophies for 4th, 5th, and 6th place in singles and 3rd and 4th place in doubles. There will also be two sportsmanship awards for each event. The USTA Sportsmanship Award and the Dwight A. Mosley Sportsmanship Award are for the Boys' 16s. The USTA Sportsmanship Award and the Sam English Sportsmanship Award are for the Boys' 18s.

SPORTSMANSHIP AWARDS:

At registration, each participant will be invited to nominate one or more players for the Tournament Committee to consider for the sportsmanship awards. You have been involved in tournaments with these players all year and are in a good position to bring to our attention those players worthy of consideration for these awards.

GENERAL TOURNAMENT INFORMATION:

Players may ascertain the time of their first match in their packets at registration. **Make practice court arrangements accordingly.** Players will be given the DRAW at the mandatory players meeting at the DoubleTree Hotel (Headquarters Hotel) on Saturday, July 15, 2006 at 5:15 p.m. Singles play begins at 8:00 a.m. on Sunday, July 16, 2006. Doubles play begins later that same day. All players must check in at the tournament desk before each match. Winners must report match results and return balls after each match to the tournament desk. Losers must report to the desk for FIC match information.

The rules of the USTA shall govern play. The set tie-breaker (first to 7 by 2) will be used in all sets tied 6-6. The Point Penalty System, as specified by USTA rules, will be enforced by all tournament officials.

The Wilson Sporting Goods Company is providing the official ball, the Wilson Championship Ball.

For complete tournament info - Please check Red, White & Blue Book upon arrival at tournament.

TOURNAMENT SITES:

We have 55 Clay Courts – **Match sites will allow warm-up from 6:00 a.m. – 8:00 a.m.**
Woodmont hours are from 6:00 a.m. – 7:00 p.m.

Main Site:

Woodmont Country Club (one-half mile from the DoubleTree Hotel)

Tennis Pro Shop

1201 Rockville Pike

Rockville, Maryland 20852

Phone: (301) 424-7894 (Tennis Pro Shop)

(301) 424-7200 (Woodmont Country Club)

6:00 a.m. – 7:00 p.m.

(sign up at tournament desk the day before – “warm up hitting partners” available during tournament – fees are reasonable)

All main draw matches return on Wednesday

All matches return on Thursday

ATTIRE- Collar shirts, NO Dri-fit

Parking: Please park in designated areas (**Grass lot only!!!**). **Cars** that are **illegally parked** are subjected to being **towed** and a **\$150.00 fine**.

Additional Match Sites:

White dress code – Columbia – see attire.

Potomac Tennis Club

(6 miles from DoubleTree)
10800 Potomac Tennis Lane
Potomac, Maryland
(301) 983-1450
6:00 p.m. – 8:00 p.m. Sun. – Wed.
(check in at pro shop – first come first serve)

Columbia Country Club

(6.1 miles from DoubleTree)
7900 Connecticut Avenue
Chevy Chase, MD 20814
(301) 951-5058 (Tennis Shop)
6:00 a.m. – 8:00 a.m. Sun. – Wed.
(check in at pro shop - first come first serve)

White dress code – see attire.

Indian Spring Country Club

(6 miles from DoubleTree)
13501 Layhill Road
Silver Spring, Maryland 20906
(301) 871-0380 (Tennis Desk)
(301) 871-6000 (Club Desk)
6:00 a.m.– 8:00 a.m.(check in at pro shop – first come first serve)

Norbeck Country Club

(7.9 miles from DoubleTree)
17200 Cashell Road
Rockville, MD 20853
(301) 924-3450
6:00 a.m.- p.m. Sun.-Wed.
(check in at pro shop-first come first serve)

Practice Only Sites:

Aspen Hill Racquet Club

(6.1 miles from DoubleTree)
(1.4 miles from Indian Spring)
(4.7 miles from Norbeck)
(8.3 miles from Columbia)
14501 Homecrest Road
Silver Spring, MD 20906
(301) 598-3200
8:00a.m. – 5:00p.m. Sun. – Wed.

Practice Only

(2 courts – check in at court, numbers TBA- courts are first come, first serve)

Manor Country Club

(5.3 miles from DoubleTree)
(6.3 miles from Indian Spring)
(3.5 miles from Norbeck)
(9.6 miles from Columbia)
(4.4miles from Woodmont)
(9.3 miles from Potomac)
14901 Carrolton Road
Rockville, MD 20853
(301) 929.1478
8:30a.m.-4:30p.m. Sun.-Tues.
12:30p.m.-4:30p.m. Weds.

Practice Only

(3 courts – check in at pro shop- courts first come, first serve)

Attire- Collar, Dri-fit, NO Cotton T-Shirts!

Flower Valley Tennis Club

(5.2 miles from DoubleTree)
(6.2 miles from Indian Spring)
(3.4 miles from Norbeck)
(9.5 miles from Columbia)
(4.4 miles from Woodmont)
(9.2 miles from Potomac)
4520 Flower Valley Drive
Rockville, MD 20853
(301) 929.1284

8:00a.m.– 12:00p.m. Mon.-Wed.

Practice Only

(4 courts – check in at pro shop- courts are first come, first serve)

ATTIRE:

Columbia Country Club and Chevy Chase Club --

Sunday – Wednesday matches & practice (Matches)

Shirts, shorts, shoes, socks and hats must be **predominantly white** with minimum colored trim. **Shirts must have collars**, no over-all pattern or stripes are permitted, no matter how small.

Potomac Tennis Club, Indian Spring Country Club, Aspen Hill Racquet Club, Norbeck Country Club

All players shall be required to wear appropriate tennis attire. They should not wear running shorts or any attire that is simply recreational and not tennis oriented. They are to dress in a manner consistent with being a participant in “The Nationals.” Collar shirts preferred, but not mandatory in early rounds. The committee reserves the right to ask a player to change attire if not appropriate. **Collar shirts are required for quarterfinal, semi-final and final matches.**

Manor Country Club

Collar Shirts, Dri-fit Shirts, **NO Cotton T-Shirts!!!**

Woodmont Country Club

Collar Shirts, **NO Dri-fit Shirts!!!**

Predominately white clothing, socks, shoes, and hat are required for some sites, so come prepared!

SCHEDULE OF EVENTS -- Saturday, July 15, 2006

Registration: Players must report to the DoubleTree Hotel between the hours of 1:15 p.m. and 3:00 p.m. for Boy's 18 and 3:15 pm – 5:00 pm for Boys' 16 and from 1:15 pm – 6:30 pm for Doubles on Saturday, July 15, 2006 in order to register for the tournament. When registering, players **must present a current USTA card**. Any player who has requested housing will be given their assignments at this time. Finally, we will be giving each player an information packet and some wonderful gifts from the tournament sponsors.

Doubles Entry Acceptance: As stated in the Doubles Application and Acceptance section, applications for entry into the Doubles Championships may be made between 1:15 p.m. and 6:30 p.m. on Saturday, July 15, 2006 at the DoubleTree Hotel. **Both partners must be present in order to enter the Doubles Championships.** A reminder, at 6:00 p.m. on Registration Day, a “Players Without Partners” Meeting will be held to match any players who do not have partners. The tournament is not responsible for matching a player with a partner.

Opening Ceremonies and Mandatory Players Meeting: Beginning at 5:15 p.m. on Saturday, July 15, 2006 at the DoubleTree Hotel, the National Boys' 18 & 16 Clay Court Championships will hold an Opening Ceremony. Immediately following the Opening Ceremony, there will be a mandatory players' meeting where the Draw will be made available. Rollie Shea, the Tournament Referee, and others will provide vital information. The meeting will last approximately 25 minutes.

Optional Buffet: In the DoubleTree Hotel Atrium (adjacent to meeting). Dinner on your own, **special price** for players and families.

MONDAY NIGHT DINNER:

A complimentary buffet dinner will be provided for each player and one guest only, at a local restaurant. Parents, coaches, and siblings may join us at their own expense.

SWEET 16 DINNER – AN ABSOLUTE MUST!

Further details will be provided at the tournament. **(Cost of invitation – Priceless!)**

ADDITIONAL INFORMATION REGARDING MEALS:

Only Woodmont Country Club has a snack bar that will be available during tournament week (sandwiches, drinks, fruit will be available for parents, players, and coaches). Fees are reasonable. Norbeck Country Club, Columbia Country Club, and Potomac Tennis have restaurants within a five minute drive.

ACCOMMODATIONS:

DoubleTree Hotel "Tournament Headquarters": In order to receive the **discount**, when making reservations, please use the **code UST, not USTA** to receive the special discount rate of \$165.00/night. If you choose to make reservations on your own, the hotel WILL NOT WAIVE the \$50.00 early departure fee. We are using the DoubleTree Hotel as our tournament hotel.

Reservations **MUST** be made prior to Monday, July 2, 2006, 12:00 a.m. EST. The normal rate is \$289.00/night for a Single Room; \$289.00/night Double Room. The special Tournament rate is **\$165.00/night** plus tax (single, double, triple, quad). Free shuttle service to tournament sites is available (priority for players; if available for coaches and parents). Free shuttle service to tournament sites is available (priority for players; if available for coaches and parents).

The DoubleTree Hotel
1750 Rockville Pike, Rockville, MD 20852
(301) 468-1100
(800) 222-TREE

This 315 room hotel is convenient and features:

- One-half mile, on the same street, from Woodmont Country Club (main site)
- Free shuttle to all tournament sites, except Norbeck Country Club
- 9 miles from Congressional Country Club
- 5 miles from Potomac Tennis Club (practice only)
- 6 miles to Indian Spring Country Club
- 7 Miles to Columbia Country Club
- 6 miles to Aspen Hill Racquet Club (practice only)
- 8 miles to Chevy Chase Country Club (practice only)
- 12 miles North of the White House
- ½ block from the Metro, Washington's rapid rail transport system
- Excellent accommodations including indoor / outdoor pool, sauna, whirlpool, and a fitness center
- World class shopping nearby
- 15 restaurants within walking distance

Ramada Inn: In order to receive the **discount**, when making reservations please use **code 5453** and identify yourself as a USTA participant and using code **5453-USTA Clay**. If you choose to make reservations on you own the hotel WILL NOT WAIVE the \$50.00 early departure fee.

Reservations **MUST** be made prior to Sunday, July 2, 2006, 4:00 p.m. EST. The standard room rate is \$139.00/night. The tournament rate is **\$125.00/night** plus tax, plus \$10.00 per additional person plus tax.

Ramada Inn
1775 Rockville Pike, Rockville, Maryland 20852
(301) 881-2300
(800) 255-1775

Woodfin Suite Hotels: To receive the tournament discount, please use the code – **US TENNIS** when making your reservation.

Reservations **MUST** be made prior to Saturday, July 1, 2006, 5:00 p.m. EST. The standard room rate for a 2-room suite (living room, kitchenette, and bedroom) is \$209.00/night. The tournament rate is **\$120.00** per double, \$15.00 extra person charge and \$15.00 for a rollaway.

The tournament rate includes a *full breakfast buffet* each morning. There is a social hour (5:30-7:00pm) with a light dinner and complimentary beverages Monday through Thursday for guests of the hotel.

Traffic is a potential problem to some of the tournament sites, so plan accordingly.

Woodfin Suite Hotels
1380 Piccard Drive, Rockville, MD 20850
(800) 966-3346

PRIVATE HOUSING:

Housing will be provided on a limited basis. It will be strictly and solely based on extreme financial need, which will be corroborated by the Section.

It is the player's responsibility to make arrangements from and to the airport. The host family will pick you up after the Mandatory Meeting on Saturday, July 15th at the DoubleTree Hotel.

The Housing Chairperson is Eve Pinsky. Her office number is (301) 365-6136. Private residential housing may be requested only by completing the appropriate section of the Private Housing Request Form that is included in the Player Entry Packet. There is a \$50.00 (non-refundable) processing fee that must accompany the Private Housing Request Form, which is due by June 12, 2006. Please make checks payable to: The USTA Boys' National 18 & 16 Clay Court Championships. Housing, if requested, will be provided for only those players living outside the Mid-Atlantic Section and **in no case will housing be provided for parents, coaches, chaperons, or players accompanied by parents.**

Generally, housing will be provided beginning Saturday, July 15, 2006 and will terminate the morning following the day of elimination from the tournament. Housing before Saturday, July 15, 2006 may be available for players flying across country with limited arrival options. Please call the Housing Chairperson to determine if special arrangements can be made.

If housing has been requested, and you later decide not to house, you must inform the Housing Chairperson as soon as possible.

Requests for special housing or roommates will be honored, if possible. All placements by the Housing Chairperson will be final. Housing in private homes will consist of sleeping quarters, breakfast and dinner, unless otherwise offered by the host. Players must maintain their sleeping areas and clothing. House rules (i.e., curfew, et al) are expected to be honored. During the tournament, transportation to the courts will be provided at the convenience of the host. If housing hospitality is abused, the Tournament Director may terminate the housing and will report the player to the appropriate Sectional office.

TRANSPORTATION

Airport Shuttle Service from Dulles, Reagan National, and BWI Airports: Shuttle service is available from all three airports. Check with the Ground Transportation desk upon arrival. To give you an idea of the cost of shuttle service, we asked one service to give us a price quote. Please note, these prices are guidelines only and are not guaranteed.

To the hotel in Rockville, Maryland from:

BWI	approx. \$27 for the first person, \$6 for each additional
Dulles	approx. \$21 for the first person, \$10 for each additional
National	approx. \$20 for the first person, \$8 for each additional

Car Rental:

It is recommended that you rent a car while attending the Championships. The rental numbers are: Hertz [800-654-3131] Avis [800-230-4898], National [800-CAR-RENT], and Budget [800-527-0700]

DIRECTIONS:

From BWI: Upon leaving the airport, take I-95 South, Washington, D.C. Exit at 495 West- Silver Spring. Look for Exit 34 – Rockville, Route 355. Go approximately 4 miles, the DoubleTree Hotel is on the right. See map.

From Reagan National Airport: Upon leaving the airport, take the George Washington Parkway (Do Not Take Route 50.) Exit to 495 Maryland. Exit 270 North-Frederick. From 270, take Exit 4A-East, Montrose Road. Go 2 miles and make a left on Rockville Pike, 4th light on right hand side, DoubleTree Hotel. See map.

Directions from Dulles Airport: Upon leaving the airport, follow the signs for Washington, D.C., Route 66 to 495-Baltimore. Take Exit 19-Bethesda / Baltimore continuing on to 495. Take Exit 270 North (Frederick). From 270, take Exit 4A-East, Montrose Road. Go 2 miles and make a left on Rockville Pike, 4th light on right hand side, DoubleTree Hotel. See map.

HITTING PARTNERS AT WOODMONT COUNTRY CLUB:

Hitting partners are available for **warm up** during the tournament. Fees are reasonable. Call the Woodmont Country Club Pro Shop at (301) 424-7894 and ask for Bruce or Seth. All hitting partners are currently or previously world ranked players.

PRACTICE COURTS:

Prior to the Tournament **Practice Courts are first come first serve** and you **must sign in** at the Tournament Desk at Woodmont Country Club and/or the Tennis Pro Shop at Indian Spring Country Club. **NO PHONE RESERVATIONS** will be accepted. Practice Courts will be available at Woodmont Country Club on Thursday, July 13th from 2:00pm - 6:00 pm, Friday, July 14th from 11:00 am - 6:00 pm, and Saturday, July 15th from 8:00 am - 4:30 pm.

Indian Spring Country Club will have Practice Courts available on Saturday, July 15th from 11:00 am - 4:30 pm. Once the tournament starts (follow instructions in separate handout and in the red, white, & blue Players Guide), the courts at the match sites (Woodmont, Indian Spring, Norbeck, Columbia and Potomac Tennis) will be available for practicing from 6:30 a.m. - 8:00 a.m. The courts at Aspen Hill will be available from 8:00 a.m. – 5:00 p.m. Sunday – Wednesday.

NO PHONE RESERVATIONS WILL BE ACCEPTED!

BALL KIDS:

Will be available for the semifinal and the final matches.

LAUNDRY:

There is a Laundromat within short walking distance of the DoubleTree Hotel. The hours of operations are Monday through Saturday from 8:30 a.m. – 8:00 p.m.; Sunday 9:00 am - 5:00 p.m. (closed on Thursday).

Speedqueen Laundromat
174 Rollins Avenue
Rockville, Maryland
(301) 881-9567

MEDICAL SERVICES:

There will be a certified trainer or physical therapist at each site throughout the tournament. They will be prepared to do taping, apply ice and basic first aid, as well as make decisions regarding the treatment of an injured athlete.

Dr.'s MacCartee, Haas, Grossman & Connell are Orthopedic Surgeons who care for the Washington Wizards, Washington Redskins, University of Maryland Athletic teams, and will be on call throughout the tournament for any medical needs the players may have or refer them to the appropriate specialists. Their phone number is (301) 657-1996.

Prescription drugs are available at the CVS a half block North from the DoubleTree at 1580 Rockville Pike (301) 881-6070.

Dr. William Cullen, a board certified Internist, has been practicing for over 20 years in the metropolitan area. His phone number is 301-468-8999. Dr. Cullen's office is located at 6000 Executive Boulevard, Suite 300, Rockville, Maryland 20852.

RACQUET STRINGING:

Top quality stringing service will be available all week. Service will be available beginning Thursday, July 13th, from 7:00 a.m. – 7:00 p.m. Please drop off and pick up racquets at the DoubleTree or Woodmont.

SPORTS MASSAGE AVAILABLE:

Jim Early, nationally certified sports massage therapist who has been practicing for over 15 years in the Mid-Atlantic region of the country, will be available this week on site and at the hotel for appointments. Jim accompanied the 2004 Olympic Multi-Gold Medalist, Michael Phelps, to Greece as his personal Sports Masseuse. Jim has worked with many high school, collegiate, amateur and professional athletes including DeMatha High School, University of Pennsylvania, William & Mary, Princeton University, the U.S. Men's' Rowing Team, the Philadelphia Wings and many pro tennis players at tournaments.

Pre-match sessions run about 10 minutes for a muscle warm-up and stretch to get the blood moving. **Inter-match** sessions last 10 – 15 minutes and are designed to avoid fatigue and keep muscles fresh. Post-event sessions last 20 – 45 minutes and will flush out lactic acid and rejuvenate muscles for the next day. More information to follow at the tournament. Costs are reasonable.

FORMS:

- Maps
- Schedule of Events
- Housing Request Form
- Detailed Information Packet
- Medical Release Form
- Schedule of Events
- Great Dining

FURTHER INFORMATION:

If you have questions about topics not covered, please feel free to contact the Tournament Director:

Jeffrey Szekely
1401 Rockville Pike, Suite 560
Rockville, Maryland 20852
Home: (301) 977-5777
Office: (301) 309-2022
Fax: (301) 309-2271
Email: jeff@ustaclay.com
www.ustaclay.com